



SIZING CHART

Body Measurements (not garment measurements)

Jackets, Coveralls, Overalls																						
	XS		S		M		L		XL		2XL		3XL		4XL		5XL		6XL		7XL	
Size	32	34	36	38	40	42	44	46	48	50	52	54	56	58	60	62	64	66	68	70	72	
Chest	32	34	36	38	40	42	44	46	48	50	52	54	56	58	60	62	64	66	68	70	72	
Waist	26	28	30	32	34	36	38	40	42	44	46	48	50	52	54	56	58	60	62	64	66	
Arms	32	33		34		35		36		37		38		39		40		41		42		
Hip	32	34	36	38	40	42	44	46	48	50	52	54	56	58	60	62	64	66	68	70	72	

Pants (overalls are sized based on chest measurements)																						
	XS		S		M		L		XL		2XL		3XL		4XL		5XL		6XL		7XL	
Size	26	28	30	32	34	36	38	40	42	44	46	48	50	52	54	56	58	60	62	64	66	
Waist	26	28	30	32	34	36	38	40	42	44	46	48	50	52	54	56	58	60	62	64	66	
Hip	32	34	36	38	40	42	44	46	48	50	52	54	56	58	60	62	64	66	68	70	72	
Inseam	30.5		31		31.5		32		32.5		33		33.5		34		34.5		35		35.5	

Shirts (select size by neck for closed collar shirts, by chest for open collar shirts)																				
	S		M		L		XL		2XL		3XL		4XL		5XL		6XL		7XL	
Neck	14-14.5		15-15.5		16-16.5		17-17.5		18-18.5		19-19.5		20-20.5		21-21.5		22-22.5		23-23.5	
Chest	34		38		42		46		50		54		58		62		66		70	
Sleeve	33.5		34		34.5		35		35.5		36		36.5		37		37.5		38	

Women's Garment Sizing												
	XS		S		M		L		XL		2XL	
Chest	32		34		36		39		42		45	
Waist	24		26		28		31		34		37	
Arms	29		30		31		32		33		34	
Hip	35		37		39		42		45		48	
Inseam	27		28		29		30		31		32	

All measurements in inches.

Talls in Coveralls are 2 inches longer in the torso and 1 inch longer in the sleeves and legs.

Measurement Directions:

- Neck:** Measure around the base of your neck, round up to the next half-inch.
- Chest:** Measure around your chest, under the arms and across the shoulder blades, over a shirt if stomach is larger than chest; choose the larger size.
- Waist:** Measure around your waist at the level you normally wear your pants, over a shirt.
- Hip:** Standing with feet together, measure around the widest part of your hips, parallel to the floor.
- Inseam:** Measure a good-fitting pair of pants along the inseam, from crotch seam to bottom edge of cuff.
- Sleeve:** Bend arm and place fist on hip. Measure from centre back of your neck, across shoulder and down arm to elbow and then to your wrist. This is your sleeve length.

For working garments, measure liberally to find your size, as you need freedom of movement.